

# GINKGO ENERGY SHAKE

## With Soya proteins, Ginkgo Biloba, Aloe Vera and Coenzyme Q10

The **GINKGO ENERGY shake** has the right qualities as a complement on hypocaloric and weight control diets due to its contribution on water-soluble Garcinia Cambogia. It is also a much recommended product for the elderly as due to different factors it is common to fail in remarkable deficiencies that can undermine health and vitality at a physical and mental level. It has a high bioavailability and it is easily digested. It adds whey proteins that improve the immunity activity.

It contributes to the cell protection against oxidative damage and the maintenance of the bones in normal conditions. It does not have fructose and it is sweetened with stevia. Besides, it is enriched with three great phytonutrients such as the ginkgo biloba, that helps and improves brain and general circulation, aloe vera that is an excellent regenerator and purifier and Coenzyme Q10 an important antioxidant and energy generator. It comes in two flavours, chocolate and vanilla.

#### USES

Hypocaloric diets, weight control, obesity, elderly, athletes, to strengthen the immune system, restorative, deficient nutrition, during cardiovascular diseases, illnesses that cause a bad intestinal absorption or to improve the mental activity and memory.

#### **MODE OF USE**

Dissolve 50 gr (2 filled dose spoons) of the mixture in 400 ml of vegetable drink, water or juice and take it as a meal substitute.

#### CAUTIONS

As it is a concentrated and very nourishing product, it is recommended to drink abundant water. Keep it close in a dry place.

Por dosis		Por 100 g
	770,00	1540.00
	181,50	363,00
	1.14	2.27
	0.59	1.17
	0,30	0,59
	0.24	0.48
	27,35	54,70
	1.28	2.56
	15.50	31,00
	0,98	1,95
VRN %	50 g.	VRN %
100 %	400	50%
100 %	2.5	50%
100 %		50%
100 %	40	50%
100 %	0.55	50%
100 %	0,7	50%
100 %		50%
100 %	0,7	50%
100 %		50%
100 %	1,25	50%
100 %		50%
100 %		50%
30 %		
49,2 %	196,5	24,6 %
47,2 %	165	23,6 %
30 %	56,25	15%
68,6 %	4,8	34,3 %
48 %	2,4	24 %
70 %	0,35	35 %
32 %	0,32	16%
59,8 %	16,43	29,9 %
108 %	21,6	54 %
49,44 % 50,6 %	12,36	24,72 % 25,3 %
	is de 50 g	Por 100 g
	500 mg	1000 mg
trico		500 mg
		500 mg
Fructooligosacáridos, 90 % inulina Colina		
Inositol		
oflavonas		10 mg 34 mg
):1	4 mg	8 mg
		4 mg
(		trico 250 mg 250 mg 7,5 mg 5 mg oflavonas 17 mg

VANILLA GINKGO SHAKE

INFORMACIÓN NUTRICIONAL		Por dosis	de 50 g	Por 10
Energía (kj)			770,00	1540
Energia (kcal)			181,00	362
Grasas (g)			0,66	
de las cuales: Saturadas (g)			0,20	
Monoinsaturadas (g)			0,10	
Poliinsaturadas (g) Hidratos de Carbono (g)			0,33 29,35	0, 58,
de los cuales: Azúcares (g)			1,47	2
Proteínas (g)			14,50	28
Sal (g)			1,03	2
Vitaminas y minerales	100 g.	VRN %	50 g.	VRN
Vitamina A (ug)	800	100 %	400	50
Vitamina D (µg)		100 %	2.5	50
Vitamina E (mg)		100 %		
Vitamina C (mg)	80	100 %	40	50
Tiamina (mg)		100 %	0.55	50
Riboflavina (mg)	1,1 1,4	100 %	0.7	50
Niacina (mg)		100 %		
Vitamina B6 (mg)	1,4	100 %	0.7	50
Ácido fólico (µg)	200	100 %	100	
Vitamina B12 (µg)	2,5	100 %	1.25	50
Biotina (µg)		100 %	25	50
Ácido Pantoténico (mg)	6	100 %	3	50
Potasio (mg)		30 %		
Calcio (mg)	393	49,2 %	196.5	24,6
Fósforo (mg)	330	47.2 %		23.6
Magnesio (mg)	112.5	30 %	56.25	1
Hierro (mg)		68,6 %	4,8	34.3
Zinc (mg)	4.8	48 %	2.4	24
Cobre (mg)	0.7	70 %	0,35	
Manganeso (mg)	0.64	32 %	0.32	10
Selenio (µg)	32.86	59.8 %	16,43	29,9
Cromo (µg)	43,2	108 %	21,6	54
Molibdeno (µg)	24.72	49.44 %	12.36	24,72
Yodo (µg)	76	50,6 %	38	25,3
Composición de otros nutrientes		Por dos	is de 50 g	Por 10
Lecitina de soja 96 % fosfolípidos			500 mg	1000
Extracto seco de Garcinia cambogia 50 % ácido hidroxicítrico			250 mg	
Fructooligosacáridos, 90 % inulina			250 mg	
Colina			7.5 mg	15
Inositol			5 mg	
Extracto seco de ginkgo ginkgo biloba L. (hojas) 24 % ginkgoflavonas			17 mg	34
lugo concentrado de Aloe vera barbadensis miller 200:1			4 mg	
Coenzima Q10			2 mg	
sounding gro			r ing	



600g tin– Chocolate flavour(ref.2070) 600g tin – Vanilla flavour(ref.2071)

## FORMULA (Ingredients)

Maltodextrins (long chain polysaccharides), whey proteins obtained by ultrfiltration (beta-lactoglobulin 60%, alphalactalbumin 20%, bsalactoseroalbumin 8%, Ig G immunoglobulins 10%, lactoferrin 1%, other 1%), soya protein, cocoa powder, Premix mineral complex, guar gum, soya lecitin, Apple pectin, Garcinia Cambogia dry extract, fructooligosaccahrides (90% inulin), vanillin, Premix vitamin complex, vanilla flavour, sweetener (steviol glycoside), standarised ginkgo biloba dry extract (24% ginkgo-flavones), Vitamin E Acetate (d-alpha tocopherol), lyophilisided aloe vera 200:1 (aloin free), Vitamin A (acetate Retynol), Coenzyme Q-10.

> Only Cocoa flavour Only Vanilla flavour

### **DID YOU KNOW THAT...?**

Ginkgo biloba increases the production in the body of adenosine triphosphate (ATP), the main source of energy at a cell level and this ATP improves the brain capacity to convert glucose in energy and increases its electric activity.